

YMCA Camp U-Nah-Li-Ya Outdoor Education Overnight Trip Packing List

Pack your student the clothes that they will feel most comfortable in. Outdoor Education programs are designed to be taught outside in all types of weather. To make the experience enjoyable, please make sure that students come prepared with appropriate clothing. Please remind your child that they will be responsible for all of their personal items while at Camp.

Check	Qty.	Necessary Items	Description
	1-2	Sweatshirt or Jacket	If your child tends to get cold, please make sure they can layer these items
	2	T-shirt	Short or long sleeved
	2	Pants	
	3-4	Socks	One pair/day plus one extra pair
	3-4	Underwear	One pair/day plus one extra pair; Include sports bras for female students
	1	Pajamas	Top and bottom
	1	Rain Jacket/Poncho	
	1	Close-toed shoes	Old shoes work well; These WILL get dirty/wet
	1	Waterproof Boots	
	1	Back-up Shoes	Close toed
	1	Hat/Headband	To cover ears
	1	Gloves	Warm and waterproof
	1	Towel	
	1	Sleeping Bag	We recommend that you pack these in a heavy-duty garbage bag with your child's name on it.
	1	Pillow	
	1	Water Bottle	Preferably 32oz
	1	Flashlight/Headlamp	
	1 set	Toiletries	Toothbrush, toothpaste, soap, shampoo, feminine products, hairbrush, sunscreen, deodorant, etc.
	1	Garbage Bag	For dirty or wet clothes
Fall and Spring Necessary Additions			
	1	Insect Repellent	
	1	Sunscreen	
		Raincoat	VERY necessary for Fall and Spring
	1	Shorts	If weather permits; Please check forecast before packing
Winter Necessary Additions			
Please make sure your child will be warm enough to spend up to 3 hours outside at a time.			
	1	Insulated Jacket	
	1	Gloves	Extra pair; warm and waterproof
	1	Scarf and Hat	
	3-4	Heavy Socks	
	1	Long Underwear	
	1	Snow Pants	Preferably waterproof
	1	Insulated Waterproof Boots	
Optional			
		Spending Money	If your school chose to have access to the Camp Store
	1	Sunglasses	
	1	Chap Stick	
	1	Bandana	
	1	Baseball Cap	

	1	Writing Materials	
	1	Camera	Cameras on cell phones are not considered cameras
	1	Fishing Pole	For use during free time; Camp also has some that students may use
Please do NOT bring			
Food of any kind (gum, candy or snacks), electronics, cell phones, magazines, cosmetics, matches/lighters, fireworks, pets, silly string or other joke/trick items, illegal drugs, tobacco, alcohol, weapons			

Please attempt to pack all your camper's gear into one bag, as this makes for easier travel and lessens the likelihood of misplaced belongings. Camp U-Nah-Li-Ya provides washing services in emergencies. We are happy to help accommodate for campers that cannot bring all the items listed – please contact us ahead of time if you will need accommodations. Please leave valuables at home – Camp U-Nah-Li-Ya is not responsible for lost, stolen, or damaged items.