

# Class Descriptions Outdoor Education

**Alpha-Beta** – Designed by the Peace Corps, this game prepares new volunteers for what they may experience when they are sent to a country with a culture very different from their own. The students are divided into two groups; each group role-plays the culture of the planet it represents. During the game, the students are sent to “the other planet,” where they can experience what it is like to be in a place where the culture is very different. Even if the students in the class have never been to a foreign country, this experience can be related to many things the students may experience in their everyday lives.

**Atlatl** – Head to the Marksmanship range as you and your students learn of the primitive weapons system that predates the bow and arrow. Under the supervision of trained camp staff, students will learn to launch 6ft darts at target in the same way ancient people hunted woolly mammoth and giant ground sloths.

**CSI: Tracking**– Students will learn to use cognitive reasoning skills to decipher animal tracks and signs and the story they tell. They will learn about how animals walk and how it affects the tracks they leave. After some introductory activities the students will be led in teams to a complex animal track crime scene. They will have to work together and use what they just learned to solve the crimes.

**From Roots to Leaves**– a tree class that will study internal function and identification of the local trees at camp. This class is fun and interactive. Students will gain knowledge of the inner workings of trees as well as how to determine the age of a tree. They will then experience tree identification using a dichotomous key.

**Initiatives** – Students take on the challenge of U-Nah-Li-Ya’s initiatives course through a variety of team-building and trust-building exercises. Each one of the obstacles presented to the students during this adventure offers a unique problem that the group must solve as a whole. The course is designed to promote self and group confidence, as well as communication and cooperation skills. For safety reasons, an adult from the group is required to be present for this class.

**Orienteering** – Participants must use compasses to find their way through a series of targets. Students will begin the class by learning the parts and the use of a compass. These skills are then put to use on the orienteering courses set up around camp.

**Outdoor Living Skills** – Learning proper outdoor skills may come in handy on a camping trip or even in a survival situation. Our instructors follow the rule of, “Take only memories, leave only footprints,” in their minimum-impact camping demonstrations. Students can then apply these skills to constructing their own life-sized natural shelters and building “friendly” fires, as well as developing other hands-on skills.

**Predator-Prey** – The students will understand the characteristics and relationships between predators and their prey through a series of introductory activities and discussions. The class then culminates with a camp-wide game, where the students role-play animals that are struggling to survive in the world of “eat or be eaten.” Depending on your group size, this class may be delivered as one session taught to the entire group.

**Burma Bridge** –With only a few pieces of rope, students will work together with the instructor to build a Burma Bridge of their own. Once it is complete, they will then get to cross it! For safety reasons, an adult from the group is required to be present for this class.

**Canoeing & Voyageur History** – Instruction in basic paddling skills for flatwater canoeing is combined with the history of the French-Canadian voyageur, a colorful figure in the history of the Great Lakes. Students will learn the parts of a canoe, the proper way to enter and exit a canoe, and the strokes needed to maneuver a canoe through the water. For safety reasons, an adult from the group is required to be present for this class.

**Eco-Encounters** – Ecology is the study of how organisms living together within a certain area interact with each other. Through a potpourri of activities and games, students will become aware of the many ecological systems of the Northwoods and what roles they serve in this environment. Students may find themselves playing the part of a hungry fox, a migrating loon, or a growing tree, or they may be able to taste some of the little known delicacies of nature.

**Primitive Fishing** – With its many rivers and lakes, Wisconsin and fishing have always been synonymous. Today, many people enjoy it for recreation, and there is a whole variety of basic and technical equipment that you can purchase for this sport. Before all of this equipment was invented, though, how did the early people of Wisconsin use to fish? The instructor will demonstrate the different historical methods of fishing that have been used by the Native Americans and the pioneers. There will also be a discussion on the physical anatomy of different types of fish, and why knowing this information will help people become better fisherman. Students will then make their own “primitive” fishing equipment and try their luck with it on the water.

**Rock Climbing** – This session will allow students to learn the techniques and participate in the challenge of safe rock climbing and belaying. This will allow confidence building and group support. For safety reasons, an adult from the group is required to be present for this class.

**Water, Water, Everywhere** – Even though two-thirds of the Earth is covered by water, it is still a limited resource that we must protect. Why? This question will be answered through experiments, demonstrations, and discussions about water. We will also explore

and identify what kind of life is present in our bodies of water here at U-Nah-Li-Ya through hands-on discovery

**World Games** – Known globally as the “Great Melting Pot,” the United States can claim citizens from almost every ethnic group in the world. Many of these people brought games with them that have evolved into games that we know and play today. Students will take a world tour during this session as they learn about a variety of countries and participate in games that maybe their own ancestors played in their homelands.

**Cross-Country Skiing** – Many of us do not realize that winter is one of the best times to enjoy the outdoors. Cross-country skiing is a way for people to stay healthy and experience the beauty of the winter wonderland at the same time. Our instructors will take the students through a series of lessons (including how to properly fall down and get back up) that will cater to even those who have never been on skis before. After practicing a few basic skills, the students will be led on a short skiing excursion through the North woods. For safety reasons, an adult from the group is required to be present for this class.

**Snowshoe Hike** – Students may discover winter in Wisconsin’s North woods on a guided snowshoe hike led by one of our instructors. Snowshoes allow you to “float” on top of unpacked snow (where they work best), so expect to go off of the trail as you explore the beauty and stillness of our winter woodland.

**Leadership in Action:**

Participants learn what leadership is and how to incorporate those characteristics and qualities into play in peer and social settings. Emphasis is placed upon decision-making, communication, and leadership styles.

**Low Ropes Course:**

Groups are challenged by U-Nah-Li-Ya’s low ropes course. Each element or activity offers a unique challenge which the group must solve together. The course is designed to promote self and group confidence, cooperation, teamwork, and communication.

**High Ropes Course:**

The high ropes course offers challenging elements amongst the trees which promotes self-confidence, cooperation, and communication. Our instructors are professionally trained and ACCT certified to lead a safe and exciting high ropes experience. The duration of the course is dependent upon the number and ability of group members.

**EVENING OPTIONS:**

**Campfire** – Performing skits and songs at a campfire is an enjoyable and fun U-Nah-Li-Ya tradition. Everyone from the visiting group and from the U-Nah-Li-Ya staff is invited to perform. We encourage groups to suggest that all of their students participate (either by table, cabin, homeroom, or study group), as this makes the campfire a worthwhile and memorable experience for them. If you can't think of any skit ideas, don't worry – we have lots of them!

**Eagle's Nest** – Similar to Capture the Flag. Students are divided into two teams, the goal for each team is to bring back all of the other team's flags to its own territory without being caught. Meanwhile the other team is doing the same and all flags must be in possession of one team to win.

**Night Hike** – Because most people sleep during the night, we often don't get the chance to be outside and enjoy this time. This hike takes advantage of the dark with games such as Bat & Moth, tricks such as the glow-in-the-dark Lifesavers, and many other neat activities for night. Flashlights are not permitted, as they will ruin night-vision and make it very difficult to see.

**Swamp Lady's Suitcase** – This activity is essentially a reverse scavenger hunt, where the students collect items that they believe might be on a scavenger hunt list before they know what the items actually are. Once the items have been collected, the list is read and students possessing any of those items receive points for them.

**Candle Light Skiing**– Our staff will lead your group on a short night skiing experience. The trail is lit by touches and is a great way to experience the winter night life. This is recommended for group that had skiing as a class.

**The Lorax** – Our staff members will tell the story while your students act out Dr. Seuss's famous tale about not destroying our environment. This makes a good wrap-up after another evening activity.

**Ole Peterson Story** – Gather around a fire and hear the legend of lumberjack Ole Peterson, who lived in this area during the late 1800's. Some groups may want to use the fire to make s'mores after the story-telling. This makes a good wrap-up after another evening activity.

### **Recreation-Time Options:** (Teachers and Chaperones provide supervision)

**Athletic Field:** The Athletic field provides a wide variety of sport options including: Kickball, soccer, basketball, football, softball, volleyball, tennis, tetherball, and Frisbee.

**Fishing/ Ice Fishing:** Camp is located on Chute Pond, and excellent lake for fishing. Participants are welcome to use our camp fishing equipment during recreation time to see if they can get the catch of the day. We do practice catch and release. State regulations and licensing laws apply.

**Rope Bridge**

**Field (Boot) Hockey**

**Camp Store**

**Ice Skating**

**Sled Hill-** is open when Camp Staff members are present.